Sport and Recreation is a theoretical and practical subject that explores different areas of this expanding industry. As part of their study, students undertaking this subject are responsible for coordinating and running a “Mini Olympics” for young children from a special primary school. They will also participate in practical activities throughout the year including rugby league, cricket, netball and yoga with inter-school tournaments for many of these sports.

**Major Topics Covered**

- The sport and recreation industry
- Coaching
- Elite athletes
- Drugs in sport
- Disability and inclusive sport
- Fitness programs
- First aid and sporting injuries
- Sports nutrition

**Pre-requisite Subjects**

Nil

**Fees** - In addition to the general materials fee a charge of $100 applied in 2012 which covered student workbook, external presenters for practical sessions and excursions.